

Sacramento Adventure Playground

Homeschool Enrichment

"It takes a lot of courage, because we are so used to controlling things in a science center. With tinkering, you are not able to control things anymore. People are not just pushing a button, or learning what you want them to learn. They are beyond that. **They are learning things that you never expected them to learn by doing a challenge. They are learning what they want to learn, based on the method they choose to use.**" Ines Oliveria, "Make Science Sexy," *Funworld*, November 2016.

Sacramento Adventure Playground is proud to offer the Homeschool Enrichment program. Each session will feature 3 areas of programming that are unique to the Playground, each 40min in length. An **ENRICHMENT** component will feature a science or art activity.

PHYSICAL PLAY will comprise structured movement within sports basics, fitness and/or fun games. Plus time will be given to enjoy **FREE PLAY** within the Playground .

Classes are Wednesday/Friday, 12-2pm.



Fees: \$115 per child*
(\$10 discount for siblings.)
Ages: Grades K-8th**

Register at Sacramento Adventure Playground. Registration form is available on the website. Space limited.

Eligible vendor for charter school vouchers

*If registered 2 weeks prior to class start. \$125 late registration (plus sibling discount).
**Targeted teaching level will be 3rd-6th grade. Students may be broken up into two age appropriate groups.

sacadventureplay.org
@ Maple Neighborhood Center
3301 37th Ave. Sacramento
(916) 222-3831



Fall	Enrichment	Physical Play
Sept. 12	Fuse Beads	Crazy Relays
Sept. 14	Fun Science	Water Fun
Sept. 19	Sail Boats	Frisbee Golf
Sept. 21	Sail Boats	Golf
Sept. 26	Catapults	Stretching & Muscle ID
Sept. 28	Catapults	Football Basics
Oct. 3	Music	Riddle Find
Oct. 5	Fairytale Town	-----



Late Fall	Enrichment	Physical Play
Oct. 24	Drawing	Bandana Tag
Oct. 26	Tool Basics	Indiana Jones
Oct. 31	Candy Bucket	Wall Balls
Nov. 2	Imaginarium	Kickball Basics
Nov. 7	Kites	Basic Fitness
Nov. 9	Snow Globes	Capture the Flag
Nov. 14	Fire	Basketball Skills
Nov. 16	Fire	Scavenger Hunt

Winter	Enrichment	Physical Play
Feb. 20	Rockman	Run Match Game
Feb. 22	Fun Science	Four Square
Feb. 27	Rockets	Cross Fit
Mar. 1	Rockets	Indoor Beach Volleyball
Mar. 6	Paper Mache	Soccer
Mar. 8	Paper Mache	Crazy Relays
Mar. 13	Geology	Obstacle Course
Mar. 15	Imaginarium	Obstacle Course

Spring	Enrichment	Physical Play
Apr. 17	Gardening	Bean Bag Relays
Apr. 19	Gardening	Run Match Game
Apr. 24	Insects	Obstacle Course
Apr. 26	Insects	Obstacle Course
May 1	Ice Cream	Track & Field
May 3	Shields	Mud Wars
May 8	String Float	Water Relays
May 10	Fairytale Town	-----



See reverse side for Class Details



Essentially a makers' laboratory or tinkerers' workshop, the **Sacramento Adventure Playground** puts real tools into the hands of youth so they can build & create things that reflect their own ideas & visions. Research shows that youth are inspired to be more imaginative, creative, collaborative, and thoughtful in these nontraditional environments than they are in more structured playgrounds. And the range of play and activities offered in these playgrounds helps children express themselves while building useful skills that prepare them to grow into competent adults. The Homeschool Enrichment Class is a complimentary program that employs teaching the "Adventure" way.

Enrichment Activity Descriptions

Catapults – Use common "stuff" to make catapults.

Candy Bucket – Make a bucket in time for Halloween, or for another use.

Drawing – Learn to draw in a simplistic approach.

Electricity – Learn about electricity through some basic concepts and games.

Fairytale Town Enrichment – Field trip featuring a guided specialty tour. Students and 1 adult family member are free.

Fire – Learn to respect fire through a fun and interactive approach.

Fun Science – Quick, fun and educational experiments.

Fuse Beads – Iron beads into a permanent pattern.

Gardening – Fun education through planting.

Geology* – Explore rocks and earth. Each youth will get to take a "Pet Rock" home.

Imaginarium - An introduction to creative book writing in *916 Ink's Imaginarium* (located next to the Playground).

Ice Cream – Experiment with ways of making ice cream.

Insects - A hands-on exploration of insects. Expected featured bugs will be silkworms and ladybugs.

Kites* – Make 'em and fly 'em.

Music* – Make your own instruments for the Playground's own band.

Paper Mache – Creative fun with paper and glue.

Rockets – Compressed air makes these rockets fly high.

Rockman – Build your own rock figurine.

Sail Boats – Make a sail boat using recycled parts.

Shields – Captain America has a shield, so should you. Hang on to them, because you'll need them for Mud Wars.

Snow Globes – Your own design – with snow!

String Float – Is it magic or science?

Tools Basics – Learn the basics of using common tools, including a hammer, saw, level and more.

Physical Play Activity Description

Bandana Tag - A non-elimination hustle game.

Basic Fitness – Basic fitness exercises and stretches.

Basketball Skills – Learn the basics of basketball using a fun approach.

Bean Bag Relay – A relay that rewards innovation and teamwork.

Capture the Flag – The traditional tag-based game.

Crazy Relays and Games – A series of short fun relays and games that brings as much laughter as physical exercise.

Cross Fit – What it is, and how to do it.

Football Basics – Skills and basic football talk.

Frisbee Golf – Learn golf basics with frisbees.

Four Square – Get some exercise while learning this favorite children's game.

Indiana Jones – You gotta' know the path to win!

Indoor Beach Volleyball – A basic and fun introduction to volleyball using a beach ball.

Golf – Golf basics (some with whiffle golf balls)

Kickball Basics – Learning baseball terms the easy way.

Mud Wars - A mud throwing contest. You will get muddy!

Obstacle Course - A favorite. Students will be having too much fun to realize they are getting in a great workout.

Run Match Game - A matching game requiring memory, teamwork & hustle.

Scavenger Hunt – Solve the riddle and find the item.

Soccer – Learn the basics and play the game.

Stretching with Muscle ID – Learn basic stretches, including, when and why to do them, as well as identifying the muscle group.

Track & Field – A quick overview of the events in the most popular high school sport program, including discus & shot.

Wall Ball – Learn the basics of this favorite children's games while getting some exercise.

Water Fun – Squirt pistols, water balloons and fun!

Water Relays – A fun and cool way of doing various relays.

*Taught by Friends of the Playground Alan and Nancy Candee.
Due to staffing and material availability changes can occur in scheduling.